

CLARK GLOBAL CITY DUATHLON

Clark Global City, Pampanga

Sunday, May 12, 2019

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	1	Kathrina	Lagunsad	Sibakeros Multisports	Long F 25-29	0:29:12	01:28	2:17:34	01:32	0:21:59	3:11:46
2	2	Ninaviel	Serrano		Long F 25-29						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	440	Alexandra	Ganzon		Long F 30-34	0:24:55	00:37	1:44:10	00:45	0:18:47	2:29:14
2	5	Arianne	De Guzman	Team Marquez	Long F 30-34	0:33:46	01:49	2:06:01	01:26	0:28:01	3:11:03
3	8	Jaya Radhe Dasi	Ladyong	JRL Running	Long F 30-34	0:35:02	01:39	2:14:28	01:37	0:27:22	3:20:09
4	4	Debbie	Bonghanoy		Long F 30-34	0:36:33	01:21	2:23:07	01:19	0:32:18	3:34:38
5	3	Camille	Aquino		Long F 30-34	0:47:35	02:51	2:39:31	02:43	0:35:22	4:08:03
6	7	Roanne	Hallig	Velocitatri	Long F 30-34	0:45:50	01:30	2:42:00	02:03	0:37:40	4:09:03
7	6	Ana Margarita	Enriquez		Long F 30-34	0:41:24	03:15	2:44:26	04:09	0:49:43	4:22:57
9	Katrina	Olave		Surge Multisports	Long F 30-34						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	14	Patricia Margaret	Serios	UNILAB ACTIVE HEALTH	Long F 35-39	0:31:32	01:34	2:08:08	01:23	0:22:53	3:05:30
2	12	Rikka	Ona	TRI-NATIN	Long F 35-39	0:33:25	02:15	2:25:00	01:48	0:27:51	3:30:18
3	378	Tin	Munoz	ENCORE TRIATHLON TEAM	Long F 35-39	0:37:33	02:06	2:28:26	01:41	0:31:01	3:40:48
4	377	Roamonette Yves	Llamas	E-Racing Multisport	Long F 35-39	0:37:42	03:06	2:55:08	02:54	0:32:38	4:11:27
5	11	Rachell	Mandar	GRC Multisports	Long F 35-39	0:41:47	02:26	3:08:07	03:25	0:34:43	4:30:27
10	Donna Michelle	Atienza		Patikar	Long F 35-39	0:49:41	01:58				DNF

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	15	Laarni	De Guzman	FITNESS FIRST	Long F 40-44	0:32:25	01:27	2:04:16	01:10	0:24:14	3:03:31
2	379	Eileen	Bravante	WETSHOP TODO TRI TEAM	Long F 40-44	0:36:03	02:11	2:10:45	01:34	0:29:18	3:19:52
3	19	Maria Cecilia	Nicolas	TPT	Long F 40-44	0:37:03	03:09	2:31:22	02:06	0:32:54	3:46:34
4	16	Jen	Eleccion	VelocitaTri Team	Long F 40-44	0:37:15	03:29	2:44:57	03:24	0:31:27	4:00:32
5	21	Ma. Theresa	Villanueva	Heroes Hotel Adventure Team	Long F 40-44	0:42:50	03:11	2:40:48	03:44	0:30:26	4:00:59
6	17	Iris Ramalla	Garing	Patikar Triteam	Long F 40-44	0:40:41	02:09	2:58:25	01:41	0:42:26	4:25:22
7	20	Rochelle	Romero	VelocitaTri	Long F 40-44	0:37:58	02:39	3:14:08	01:58	0:37:09	4:33:52
18	Rena	Marte		TRIMAC	Long F 40-44						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	24	Bernadette	Tan		Long F 45-49	0:29:44	01:21	1:57:06	01:26	0:21:38	2:51:15
2	25	Rizielle	Tangan		Long F 45-49	0:31:46	01:32	2:00:04	01:15	0:23:42	2:58:19
3	22	Roselle	Dadal	Endure Multisport	Long F 45-49	0:45:31	02:17	2:52:22	03:07	0:39:26	4:22:44
23	Bic	Ferreria		PAYNET-AMIGO TRI	Long F 45-49						DNS
380	Melan	Marquez		TEAM PODIUM BH BAGUIO	Long F 45-49						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	26	Celma	Hitalia		Long F 50-above	0:30:33	01:20	2:02:47	01:15	0:21:29	2:57:25
2	27	Mariela	Martinez Powell	FITNESS FIRST	Long F 50-above	0:30:16	01:23	2:09:22	01:54	0:23:30	3:06:26
3	28	Mary Rose	So	TEAM MARQUEZ	Long F 50-above	0:43:45	04:17	2:41:05	03:02	0:36:39	4:08:48

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	418	Joshua	Ramos	DEROSA-CORSA	Long M 18-24	0:23:45	00:37	1:42:13	00:41	0:20:01	2:27:16
2	29	Reuven	Alzaga	TRS TRI TEAM	Long M 18-24	0:29:11	00:49	1:52:41	00:43	0:21:17	2:44:41
3	33	Naz Paulo Raphael	Garing	Patikar Triteam	Long M 18-24	0:28:11	01:21	2:01:21	01:15	0:23:05	2:55:12
4	35	Gerard Gabriel	Mendoza	Trimen	Long M 18-24	0:33:11	01:39	2:04:30	01:18	0:19:57	3:00:33
5	31	Francis Gerald	Bontanon	Philippine Air Force	Long M 18-24	0:26:37	01:14	2:18:48	00:48	0:21:39	3:09:07
6	34	Rafael	Maliwat		Long M 18-24	0:38:48	01:53	2:05:03	01:56	0:31:36	3:19:15
7	30	Leewan	Barrera	TriDuo	Long M 18-24	0:29:50	01:54	2:37:28	01:54	0:26:14	3:37:21
8	32	John Philip	Depatillo		Long M 18-24	0:44:01	04:58	2:33:58	01:58	0:31:39	3:56:34

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	41	Louie	Cupino	Laspagan Cycling Club	Long M 25-29	0:27:53	01:37	1:45:00	00:51	0:18:50	2:34:11
2	42	Harley	David	TRI CLARK	Long M 25-29	0:27:12	00:56	1:46:09	00:51	0:19:06	2:34:15
3	51	Adrian	Sibal	hotlegzz	Long M 25-29	0:28:04	01:09	1:45:12	01:00	0:23:57	2:39:22
4	405	Rafael	Laredo		Long M 25-29	0:31:57	01:51	2:06:46	01:49	0:30:20	3:12:42
5	45	Gerald	Gamboa	KKK Turbo	Long M 25-29	0:34:03	02:03	2:09:17	01:55	0:28:31	3:15:49
6	39	Bryan Nikko	Buce	Sibakeros Multisports	Long M 25-29	0:35:22	01:54	2:08:26	01:54	0:30:30	3:18:06
7	381	Julian Ricardo	Alvarade	Cycloholics	Long M 25-29	0:35:07	01:30	2:20:29	02:20	0:34:07	3:33:33
8	36	Froilan	Agcayab	Strive Multisport	Long M 25-29	0:34:34	02:46	2:25:46	01:50	0:32:18	3:37:13
9	46	Argie	Guiao	FIT.PH	Long M 25-29	0:37:50	02:10	2:23:24	01:38	0:37:23	3:42:25
10	38	Mark Angelo	Bartolome	Sibakeros Multisports	Long M 25-29	0:33:54	01:33	2:38:58	01:13	0:27:17	3:42:55
11	44	Eduardo Ezekiel	Denzon	PHIL 413	Long M 25-29	0:39:26	02:26	2:14:56	02:20	0:48:39	3:47:47
12	40	Patrick Denver	Buce		Long M 25-29	0:37:03	02:53	2:30:11	02:24	0:39:00	3:51:32
13	37	Adolf	Aparte	Strive Multisport	Long M 25-29	0:37:03	03:19	2:36:18	02:06	0:34:02	3:52:47

14	53	John Leorick	Tolentino	LIPA TRI TEAM	Long M 25-29	0:42:20	03:58	2:35:39	03:43	0:30:09	3:55:49
15	50	Kevin	Reyes	Team Trisome	Long M 25-29	0:40:42	03:33	2:32:10	03:17	0:44:56	4:04:39
16	48	Angelo	Masajo	FIT PH	Long M 25-29	0:39:19	01:47	2:51:03	02:05	0:42:20	4:16:35
17	52	Ace Daryl	Tena	Team Trisome	Long M 25-29	0:40:41	01:54	2:50:44	01:55	0:52:10	4:27:25
49	Angelo Rodrigo	Pili	Team Trisome	Long M 25-29	0:47:54	01:58	1:39:59				DNF
43	Juan Miguel	De La Cruz		Long M 25-29							DNS
47	John Edward	Manalastas		Long M 25-29							DNS
54	Ramon	Vinzon	TRIMAC	Long M 25-29	1:16:13	01:36	1:05:53	02:09	0:13:38		DSQ

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	63	Oscar Miguel	Mapalo	2wheel nation cycling	Long M 30-34	0:25:57	00:45	1:40:32	00:46	0:22:00	2:30:00
2	388	Luigi Victor	Robles	FIT.PH	Long M 30-34	0:24:07	01:34	1:46:44	00:52	0:18:21	2:31:39
3	78	Aiken	Ting	Subic Bay Multisport	Long M 30-34	0:25:07	00:49	1:48:20	00:47	0:18:13	2:33:15
4	81	Raymund	Velasco	SANTE BARLEY	Long M 30-34	0:24:08	00:47	1:49:17	00:55	0:18:26	2:33:32
5	80	Julien Charles	Valencia	E-Racing Multisport	Long M 30-34	0:27:00	00:57	1:46:22	00:56	0:20:04	2:35:20
6	74	Rolando Jr	Salao		Long M 30-34	0:30:29	01:24	1:50:30	01:05	0:23:56	2:47:24
7	382	Prince	Allanigue	FIT.PH	Long M 30-34	0:29:14	01:21	1:55:16	01:25	0:25:22	2:52:39
8	73	Paolo Brylle	Roquero	Philippine Air Force	Long M 30-34	0:28:47	01:10	1:56:43	01:01	0:25:01	2:52:43
9	79	Rechie Jowell	Tiu	Lakan Tri	Long M 30-34	0:30:25	01:06	2:00:45	01:15	0:24:59	2:58:30
10	70	Luke John	Ravello	GRIT SQUAD TRIATHLON	Long M 30-34	0:29:59	01:23	2:04:59	01:27	0:26:12	3:04:00
11	65	Justin	Navarro	MSE Tri / Sibakeros	Long M 30-34	0:30:15	01:37	2:04:10	01:33	0:27:38	3:05:14
12	383	Ralph Antoine	Angeles	E-Racing Multisport	Long M 30-34	0:30:17	01:28	2:00:23	01:16	0:32:47	3:06:12
13	385	Paolo Miguel	Dela Cruz		Long M 30-34	0:32:03	01:31	2:08:54	01:18	0:29:06	3:12:52
14	56	Abram	Barinos	TRI TAFT	Long M 30-34	0:33:19	01:58	2:05:40	02:15	0:31:10	3:14:21
15	61	Jefferson	Frando	Eracing Multisport	Long M 30-34	0:29:27	01:02	2:16:39	01:50	0:25:41	3:14:39
16	64	Tom	Mcgee		Long M 30-34	0:28:23	02:16	2:12:25	02:19	0:29:24	3:14:47
17	69	Mark Gil	Puno	Hermosa Cycling Club	Long M 30-34	0:33:00	01:49	2:06:45	01:32	0:31:54	3:14:59
18	66	Jaypee	Ocampo	ORANI TRI	Long M 30-34	0:32:13	01:12	2:16:26	01:14	0:27:32	3:18:36
19	71	Selwyn	Regondola	Batangas Patikar Tri Team	Long M 30-34	0:38:17	01:19	2:11:48	01:45	0:30:37	3:23:45
20	75	Randy	Samoy	Team E-XVI	Long M 30-34	0:38:30	03:19	2:09:47	02:15	0:32:56	3:26:46
21	386	Reynier	Payuran	TRI66	Long M 30-34	0:36:21	02:01	2:07:43	02:27	0:38:52	3:27:24
22	389	Carlo	Sanchez	Team TryAthletes	Long M 30-34	0:37:41	02:27	2:12:53	02:39	0:33:24	3:29:04
23	55	Leonardo Jr.	Alipio		Long M 30-34	0:34:56	01:36	2:20:22	01:28	0:31:17	3:29:39
24	384	Marc Yvann	Calderon		Long M 30-34	0:30:37	01:36	2:26:34	01:54	0:29:13	3:29:56
25	59	Patrick Joseph	Casas		Long M 30-34	0:37:04	02:56	2:18:06	02:11	0:29:57	3:30:14
26	72	Joseph	Retirado	Kabacats	Long M 30-34	0:39:12	02:11	2:17:59	02:33	0:35:11	3:37:05
27	387	John Christopher	Ragasa		Long M 30-34	0:42:42	03:22	2:32:04	04:20	0:33:41	3:56:10
28	76	Michael	Sastrillo		Long M 30-34	0:41:26	02:16	2:31:34	03:13	0:48:11	4:06:41
29	77	Jose Maria	Sunga		Long M 30-34	0:47:32	02:33	2:39:54	02:41	0:35:23	4:08:03
30	60	Nathan	Cordero		Long M 30-34	0:39:58	03:55	2:32:52	04:06	0:50:07	4:10:58
31	67	Leandro	Oviedo		Long M 30-34	0:41:24	03:16	2:50:50	02:03	0:45:26	4:22:59
32	58	Lomer	Bonghanoy		Long M 30-34	0:41:30	02:49	3:14:04	02:08	0:47:11	4:47:42
33	62	Arvin	Hosmillo		Long M 30-34	0:41:26	02:56	3:14:02	02:18	0:47:08	4:47:50

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	97	Bryan	Lucas	SHELL V-POWER	Long M 35-39	0:25:28	01:00	1:45:28	00:54	0:20:31	2:33:21
2	103	Edgar	Puruganan	Team LTIMESTUDIO	Long M 35-39	0:24:49	00:47	1:46:55	00:49	0:20:13	2:33:33
3	109	Ralph Jerome	Salvador		Long M 35-39	0:27:19	01:02	1:46:05	00:46	0:21:17	2:36:29
4	114	Ryan	Tipon	Team kabacats	Long M 35-39	0:29:19	01:25	1:52:23	01:36	0:25:32	2:50:15
5	102	Joshua Elijah	Ong	Lakan Tri	Long M 35-39	0:29:32	01:40	1:59:03	01:16	0:21:26	2:52:58
6	108	Carlo Magno	Rivera	E-Racing Multisport	Long M 35-39	0:29:28	01:24	1:59:17	01:03	0:21:48	2:53:01
7	394	Christian	Salva	#TeamPorma	Long M 35-39	0:28:03	01:29	2:01:15	01:12	0:22:15	2:54:14
8	100	Jendel	Mapile	subic bay multisport	Long M 35-39	0:31:47	01:54	1:55:33	01:55	0:23:21	2:54:29
9	98	Eric	Manalo	WU CREW	Long M 35-39	0:31:45	02:55	2:00:14	01:53	0:26:31	3:03:17
10	90	Billy Joel	Gamiao	TRI CLARK	Long M 35-39	0:33:26	02:06	2:02:41	01:42	0:25:23	3:05:17
11	85	Ryan	De Guzman	tri-dentista	Long M 35-39	0:32:57	01:19	2:06:29	01:24	0:25:25	3:07:33
12	111	Chito Paulo	Sistoza		Long M 35-39	0:33:53	02:07	2:11:50	01:43	0:31:38	3:21:10
13	92	Dante Jr.	Gozum	TRIMAC	Long M 35-39	0:35:02	01:59	2:12:58	01:55	0:34:14	3:26:08
14	82	Rennel John	Arroyo		Long M 35-39	0:33:22	01:39	2:21:52	01:34	0:28:00	3:26:27
15	106	Jose Vergel	Reyes	TRIMAC	Long M 35-39	0:28:24	03:28	2:32:52	02:36	0:21:36	3:28:56
16	107	Dino	Reyes	VelocitaTri	Long M 35-39	0:36:59	02:05	2:15:39	02:34	0:31:56	3:29:15
17	91	Enriko	Giron	BAGUIO TRIATHLON	Long M 35-39	0:38:44	02:18	2:23:37	02:48	0:29:06	3:36:33
18	95	Ken	Labastilla	Kabacats	Long M 35-39	0:41:40	02:44	2:22:51	01:55	0:34:40	3:43:50
19	93	Angelo	Gregorio	PAYNET-AMIGO TRI	Long M 35-39	0:38:13	02:05	2:28:09	02:00	0:35:54	3:46:21
20	86	Abraham	Ditangco	BANAYAD	Long M 35-39	0:41:36	02:12	2:45:26	02:36	0:15:26	3:47:16
21	84	Dennis	Chua	#teamporma	Long M 35-39	0:43:01	02:31	2:43:41	03:08	0:15:52	3:48:13
22	391	Jeremy	David	TRI CLARK	Long M 35-39	0:41:31	02:41	2:31:09	02:34	0:33:04	3:51:00
23	96	Homer	Lim	TRI MAGNUM	Long M 35-39	0:34:15	03:14	2:34:54	03:20	0:37:18	3:53:01
24	105	Aristotle	Reyes		Long M 35-39	0:40:37	02:44	2:31:33	02:50	0:36:33	3:54:17
25	110	Clifford Ray	Seno		Long M 35-39	0:40:38	02:09	2:43:10	01:51	0:27:10	3:54:58
26	88	Mitchelle	Galanta		Long M 35-39	0:38:58	02:14	2:33:55	02:25	0:38:56	3:56:28
27	83	Ivan	Bulatao		Long M 35-39	0:39:53	01:45	2:35:29	03:44	0:36:20	3:57:12
28	104	Rosteo Christian	Reyes	LIPA TRI TEAM	Long M 35-39	0:42:19	02:46	2:30:15	03:44	0:47:55	4:06:59

29	101	Juan Paolo	Mendoza	SMART TRI TEAM	Long M 35-39	0:41:44	02:25	2:44:15	03:40	0:46:10	4:18:15
30	89	Riechel	Gallor	GRC Multisports	Long M 35-39	0:45:25	02:49	2:45:23	02:50	0:48:09	4:24:35
31	99	Eliseo	Mangulabnan		Long M 35-39	0:41:28	02:56	3:07:11	09:01	0:47:29	4:48:05
32	112	Lester	Tablico	FIT.PH	Long M 35-39	0:50:14	02:01	3:00:52	02:38	0:53:02	4:48:47
	87	Michael	Fajota	DinalupihanMoumountainBikers	Long M 35-39	0:36:52	02:25				DNF
	393	Alan Chris	Munoz	ENCORE TRIATHLON TEAM	Long M 35-39	0:42:31	02:23				DNF
	395	Leo Edward	Tejano		Long M 35-39	0:47:09	03:55	2:30:43			DNF
	392	Johannes	De Austria	Cycloholics	Long M 35-39						DNS
	113	Jonathan	Tercero	PMMA Multisports	Long M 35-39						DNS
	94	Alex	Hobbs	Team Trax	Long M 35-39						DNS
	390	Danilo	Concepcion		Long M 35-39	0:24:33	00:51	1:44:26	00:51	0:09:00	DSQ

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	120	Juayn	Baugbog	SANTE BARLEY	Long M 40-44	0:26:42	01:02	1:46:49	00:58	0:20:51	2:36:22
2	398	Edison	Morales	TEAM PODIUM BH BAGUIO	Long M 40-44	0:24:09	00:44	1:46:55	01:18	0:25:22	2:38:29
3	397	Pablo	Delina Jr	Camp 109	Long M 40-44	0:29:20	01:23	1:48:48	01:14	0:24:09	2:44:55
4	117	Rondee	Aquino	TRI CLARK	Long M 40-44	0:28:02	01:43	1:53:43	01:30	0:20:20	2:45:19
5	121	Marc Anthony	Borlas	Team TryAthletes	Long M 40-44	0:30:02	01:36	1:51:30	01:30	0:26:31	2:51:09
6	126	Jerry	Castro	Team PIR	Long M 40-44	0:25:25	01:36	2:00:54	01:16	0:22:25	2:51:35
7	141	Jonathan	Papa		Long M 40-44	0:28:27	01:38	1:58:03	01:28	0:23:34	2:53:10
8	399	Romer	Recabar	TRI CLARK	Long M 40-44	0:31:51	01:48	2:01:36	01:35	0:23:41	3:00:31
9	142	Darryl	Peck	FOTON TRI TEAM	Long M 40-44	0:31:56	01:30	2:03:41	01:47	0:23:57	3:02:50
10	136	Gerardo	Mendoza	TriMen	Long M 40-44	0:33:13	01:35	2:06:44	02:13	0:25:05	3:08:50
11	147	Carlo	Solis	LIPA TRI TEAM	Long M 40-44	0:35:06	01:46	2:08:48	01:48	0:22:17	3:09:45
12	119	Marvin	Baltazar		Long M 40-44	0:32:08	01:52	2:08:01	01:49	0:26:21	3:10:10
13	132	Edwin	Enriquez	Team Borat	Long M 40-44	0:33:45	02:55	2:02:15	03:26	0:31:09	3:13:30
14	143	Hermogenes	Saludes	Recon X	Long M 40-44	0:32:00	01:38	2:12:52	01:56	0:26:05	3:14:30
15	139	Ricardo Carl	Nabong		Long M 40-44	0:33:48	02:44	2:15:10	02:11	0:25:03	3:18:56
16	146	Anthony	Serra	PNP Tri Team	Long M 40-44	0:37:12	01:40	2:09:11	01:52	0:31:58	3:21:53
17	148	Randy	Viacrusis	HTI	Long M 40-44	0:34:30	02:29	2:14:30	02:32	0:29:56	3:23:57
18	129	Rex	Dalmacio	TriFastnFurious	Long M 40-44	0:39:01	01:59	2:06:45	02:26	0:34:45	3:24:57
19	130	Vincent Ferdinand	Dancel	Saucony	Long M 40-44	0:37:08	02:23	2:14:21	02:00	0:29:52	3:25:45
20	133	Leopoldo	Garcia Jr	Team Godspeed Multisports	Long M 40-44	0:34:18	02:11	2:17:20	02:36	0:30:25	3:26:50
21	396	Dennis	Bravante	WETSHOP TODO TRI TEAM	Long M 40-44	0:40:44	01:57	2:16:45	02:18	0:35:41	3:37:25
22	140	Rainier	Navarro	Infinite Multisports	Long M 40-44	0:41:25	02:56	2:15:36	02:14	0:35:24	3:37:35
23	145	Jeremiah	Sayao		Long M 40-44	0:34:54	02:02	2:20:27	02:26	0:39:59	3:39:47
24	134	Rubenrico	Marasigan	Stiffing PH	Long M 40-44	0:42:21	02:52	2:17:57	03:05	0:34:00	3:40:15
25	124	Jayson	Bungay		Long M 40-44	0:34:42	04:09	2:39:13	03:37	0:20:32	3:42:15
26	125	Elicsar	Caladio		Long M 40-44	0:31:32	02:14	2:31:46	02:03	0:35:12	3:42:47
27	123	Norman	Buentipo	E-Racing Multisport	Long M 40-44	0:43:04	02:54	2:30:04	02:43	0:33:41	3:52:25
28	116	Erwin	Acepcion		Long M 40-44	0:38:51	01:56	2:36:11	02:56	0:34:19	3:54:12
29	144	Chris	Samonte	Better tri	Long M 40-44	0:43:07	02:41	2:44:20	03:00	0:33:59	4:07:07
30	149	Arnel	Yambot	Kabacats	Long M 40-44	0:46:07	02:41	2:30:16	03:06	0:45:08	4:07:19
31	135	Ronaldo	Mariano	E-Racing Multisport	Long M 40-44	0:49:58	02:22	2:38:47	02:49	0:35:45	4:09:42
32	137	Rudolfo	Millar	#teamporma	Long M 40-44	0:47:43	02:46	3:01:53	02:53	0:22:28	4:17:42
33	118	Ian Antonio	Atienza	Patikar	Long M 40-44	0:49:30	01:56	2:59:44	02:02	0:34:49	4:28:01
34	115	Michael	Acepcion		Long M 40-44	0:49:24	02:29	3:10:53	02:02	0:41:43	4:46:31
35	138	Jeffrey	Molina		Long M 40-44	0:41:33	02:52	3:14:09	02:02	0:50:03	4:50:39
36	127	Edward	Cepe	FIT.PH	Long M 40-44	0:52:14	03:14	3:10:41	02:46	0:51:55	5:00:50
	131	Deogracias Iv	De La Paz	POLO TRI	Long M 40-44						DNS
	128	Harris	Dalayoan	Team Energy XVI Paniqui	Long M 40-44						DNS
	122	Carlo	Buan	Multisport Hub	Long M 40-44	0:31:34	01:57	2:01:01	02:04	0:12:10	DSQ

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	171	Edward	Luna	TRIMAC	Long M 45-49	0:25:39	01:15	1:47:32	00:40	0:18:58	2:34:05
2	178	Junrox	Roque	SANTE BARLEY	Long M 45-49	0:25:43	00:57	1:47:33	00:45	0:21:07	2:36:05
3	170	Guilberto	Lenon	TRINICS	Long M 45-49	0:29:55	01:28	1:51:25	02:06	0:21:56	2:46:50
4	183	Ricardo	Tandoc	TRIMAC	Long M 45-49	0:27:16	01:17	1:56:10	01:05	0:22:38	2:48:26
5	157	Elfredy Iii	Cabay	#teamporma	Long M 45-49	0:28:45	01:24	1:56:53	01:36	0:22:29	2:51:06
6	172	Jason Brian	Marquez	TEAM PODIUM BH BAGUIO	Long M 45-49	0:30:23	01:12	1:58:21	01:01	0:22:53	2:53:50
7	185	Roni	Turla	Triforce	Long M 45-49	0:30:07	01:59	1:59:05	01:24	0:24:44	2:57:20
8	167	Ivan	Fojas	CENTURY TRI HARD	Long M 45-49	0:27:38	01:23	2:05:49	01:48	0:23:39	3:00:16
9	162	Jainor	Dizon		Long M 45-49	0:32:06	01:34	2:04:13	01:23	0:26:09	3:05:24
10	154	Allan Julius	Azcueta	TRIMAC	Long M 45-49	0:28:36	01:19	2:09:41	01:05	0:25:39	3:06:20
11	182	Manuel	Sy Jr.	Alcoplus PTT Trikings	Long M 45-49	0:37:12	01:29	1:59:27	01:08	0:27:13	3:06:29
12	177	Gerard	Reyes	3rd Transition	Long M 45-49	0:37:02	01:37	2:02:27	01:28	0:25:45	3:08:19
13	179	Tuesday	Samson	Tri-UMPH	Long M 45-49	0:31:25	01:42	2:07:14	02:26	0:28:01	3:10:50
14	150	Dennis	Accibal	Alcoplus PTT Trikings	Long M 45-49	0:37:13	02:35	2:01:39	02:13	0:27:19	3:11:00
15	189	Oliver	Yao	Alcoplus PTT TriKings	Long M 45-49	0:37:29	01:51	2:04:10	02:04	0:28:14	3:13:48
16	158	Joel	Cayacap	Tri Team Riot	Long M 45-49	0:32:02	01:12	2:08:42	01:41	0:31:45	3:15:22
17	401	Ramos	Enrique	FOTON TRI TEAM	Long M 45-49	0:36:54	02:02	2:05:06	01:57	0:30:08	3:16:09
18	188	Lloyd Michel	Vargas	Batanes	Long M 45-49	0:34:27	01:34	2:07:46	01:38	0:30:53	3:16:18
19	159	Cesar	Cortez	Recon X Tri Team	Long M 45-49	0:35:42	01:53	2:13:47	01:52	0:33:48	3:27:02

20	176	Ronald	Sonny	Quion	GLOBE TRI TEAM	Long M 45-49	0:30:14	02:03	2:27:12	01:43	0:26:07	3:27:20
21	166	Glen		Ferino	BATAAN TRI	Long M 45-49	0:39:36	04:14	2:26:26	02:52	0:16:21	3:29:29
22	151	Glenn		Adviento		Long M 45-49	0:37:00	01:38	2:17:51	02:05	0:32:17	3:30:52
23	175	Enrique		Puno	TRI CLARK	Long M 45-49	0:34:49	02:36	2:23:57	02:08	0:28:40	3:32:10
24	400	Victor		Aliorde	E-Racing Multisport	Long M 45-49	0:39:12	02:14	2:19:21	02:36	0:40:19	3:43:42
25	168	Roberto		Gabriel	TRI MAGNUM	Long M 45-49	0:35:59	02:16	2:27:30	03:15	0:35:01	3:44:02
26	403	Renato Jr.		Reyes	Cycloholics	Long M 45-49	0:35:20	02:50	2:30:21	02:32	0:34:51	3:45:54
27	161	Aldrick		Diaz	Alcoplus PTT Trikings	Long M 45-49	0:45:21	02:51	2:19:11	02:32	0:37:06	3:47:02
28	152	Ronald		Anies	TEAM ImmunPro	Long M 45-49	0:37:37	02:19	2:30:00	02:38	0:35:01	3:47:36
29	180	Anthony		Servinio	L Time Studio	Long M 45-49	0:36:04	02:18	2:47:11	02:18	0:30:24	3:58:15
30	186	Emmanuel		Umali	FIT.PH	Long M 45-49	0:35:37	02:53	2:41:10	05:05	0:41:25	4:06:10
31	184	John		Tayag		Long M 45-49	0:39:13	03:50	2:42:25	03:00	0:38:20	4:06:48
32	174	Ricky		Paras		Long M 45-49	0:44:00	04:58	2:40:34	04:08	0:36:50	4:10:29
33	187	Rexie		Vafflor	Merida Bikers Club Phils	Long M 45-49	0:42:29	02:47	2:59:05	03:23	0:40:08	4:27:52
34	163	Ramon		Escala	Tri Force	Long M 45-49	0:48:40	03:01	3:00:17	01:53	0:40:55	4:34:46
35	165	Margarito	Angelo	Fadrigo	FIT.PH	Long M 45-49	0:54:13	02:13	2:57:51	02:55	0:51:44	4:48:56
36	169	Jonathan		Juarez	Malmom	Long M 45-49	0:48:24	03:24	3:05:07	02:14	0:52:01	4:51:10
181	Enrique	Sulat			AMCI	Long M 45-49						DNS
402	Allan	Oppus			PAYNET-AMIGO TRI	Long M 45-49						DNS
155	Carlo	Bautista			STI	Long M 45-49						DNS
156	Virgilio	Bugaoisan			Team Harkor	Long M 45-49						DNS
160	Archie	Cruz			TRI MAGNUM	Long M 45-49						DNS
164	Peter	Estanislao				Long M 45-49						DNS
173	Paolo	Mercado				Long M 45-49						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	198	Emmanuel	Mondero	CENTURY TRI HARD	Long M 50-54	0:28:05	01:17	1:52:18	01:59	0:22:40	2:46:19
2	209	Ronald	Virginio	Team E-XVI	Long M 50-54	0:32:18	02:12	1:57:13	01:55	0:29:37	3:03:14
3	207	Nelson	Villamayor		Long M 50-54	0:30:43	01:24	2:09:22	01:36	0:25:50	3:08:55
4	197	Deni	Maramag		Long M 50-54	0:35:04	02:44	2:02:41	03:00	0:30:25	3:13:54
5	194	Larry	Ibalio	FIT.PH	Long M 50-54	0:34:19	01:51	2:07:46	01:26	0:28:46	3:14:08
6	204	Vernier	Umali	SMART	Long M 50-54	0:38:00	01:25	2:04:11	01:34	0:29:59	3:15:09
7	404	Raul	Manlangit	RLapid's Tri Team	Long M 50-54	0:32:56	02:00	2:11:49	01:51	0:28:06	3:16:41
8	193	Edwin	Gallor	GRC Multisports	Long M 50-54	0:35:27	01:56	2:15:05	01:38	0:29:25	3:23:31
9	203	Rod	Tiangsing	PLDT	Long M 50-54	0:32:48	02:25	2:19:52	02:07	0:28:06	3:25:18
10	195	Warren	Lejarde	TeamBRO	Long M 50-54	0:35:47	02:24	2:13:51	02:03	0:32:35	3:26:41
11	190	Alexander	Borras		Long M 50-54	0:37:34	03:17	2:08:22	03:40	0:35:12	3:28:05
12	200	Mario	Rapadas	Trifast & Furious	Long M 50-54	0:34:30	02:31	2:23:26	02:08	0:30:36	3:33:10
13	206	Ramon	Veloso	PAYNET-AMIGO TRI	Long M 50-54	0:39:47	03:14	2:16:37	01:43	0:34:32	3:35:53
14	201	John	Ronquillo	Tri Team Riot	Long M 50-54	0:32:48	01:39	2:23:16	02:12	0:38:53	3:38:48
15	208	Jose Miguel	Villanueva	ARMY NAVY SOUTH TRI	Long M 50-54	0:40:37	02:46	2:35:23	02:48	0:30:31	3:52:05
16	205	Harvenio Ruel	Veleña-V	TRI FAST & FURIOUS	Long M 50-54	0:37:19	03:20	2:46:28	02:48	0:29:10	3:59:05
17	196	Fidel	Lorenzo		Long M 50-54	0:43:04	02:58	2:34:45	02:31	0:36:40	3:59:58
18	191	Cornelio	Briz		Long M 50-54	0:38:57	03:21	2:27:39	04:35	0:48:03	4:02:34
192	Naz	Floresca		TEAM REX BELLI RANGER	Long M 50-54						DNS
202	Joemi	Tabino			Long M 50-54						DNS
199	Nilo	Quintana		Team pampang	Long M 50-54	1:14:00	01:29	1:02:55	01:28	0:10:38	DSQ

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	211	Jelle	Beekma		Long M 55-59	0:27:43	01:03	1:54:14	00:49	0:22:07	2:45:56
2	217	Doddie Jr	Dino	TEAM PODIUM BH BAGUIO	Long M 55-59	0:28:27	01:12	1:57:07	01:29	0:23:27	2:51:41
3	213	Crisanto	Cabrera	TeamBRO	Long M 55-59	0:28:44	01:12	2:02:44	02:09	0:24:35	2:59:24
4	219	June	Sunga	FOTON TRI TEAM	Long M 55-59	0:31:50	01:20	2:01:08	01:17	0:25:33	3:01:08
5	210	Apolonio Jr.	Antonio	TRIFORCE	Long M 55-59	0:34:14	02:04	2:10:32	02:00	0:26:28	3:15:19
6	216	Louie	Danico	TeamBRO	Long M 55-59	0:35:46	02:27	2:13:52	02:00	0:32:29	3:26:35
7	218	Rodolfo	Ortiz	Dream Team Cycling Club	Long M 55-59	0:33:44	02:01	2:24:05	02:29	0:32:35	3:34:53
8	212	Alberto	Bernardo	Trifast and Furious	Long M 55-59	0:34:17	02:57	2:27:42	02:30	0:27:48	3:35:14
9	214	Cesar	Carriedo	HP Duathlon	Long M 55-59	0:37:17	04:46	2:22:38	02:28	0:34:31	3:41:40
215	Raul Patrick	Concepcion		RunningShield	Long M 55-59						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	222	Demosthenes	Ydia	Pangasinan Multisports	Long M 60-above	0:45:38	01:39	2:07:25	01:45	0:31:33	3:28:00
2	220	June	Donato	tri force	Long M 60-above	0:36:43	01:59	2:21:11	02:28	0:32:38	3:34:59
221	Daniel	Yamio		Team Masumax - Unison	Long M 60-above	0:39:56	02:05				DNF

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	223	Erika Nicole	Burgos	Get CoachD Academy	Sprint F 15-19	0:13:53	00:44	1:07:59	00:58	0:10:06	1:33:41
2	224	Daniela Nicole Anne	Cortez	Mad Crank Olongapo	Sprint F 15-19	0:13:42	01:15	1:14:11	01:16	0:10:45	1:41:09
3	406	Ma Patricia	Calleja	TEAM DAVID'S SALON	Sprint F 15-19	0:16:29	01:32	1:26:23	01:38	0:12:11	1:58:13

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	227	Celina Marie	Constantino	UMC	Sprint F 20-29	0:15:44	01:09	1:07:08	01:23	0:12:29	1:37:52
2	228	Tricia Mae	Garrido	Team Marquez	Sprint F 20-29	0:15:45	01:19	1:13:59	01:45	0:12:21	1:45:09

3	231	Annalyn	Tan-Awon	Team Bro	Sprint F 20-29	0:17:48	01:20	1:15:07	01:26	0:14:10	1:49:52
4	226	Kim	Chiu	DEROSA-CORSA	Sprint F 20-29	0:18:20	01:31	1:22:47	01:42	0:13:41	1:58:02
5	435	Jeraldine	Simblante		Sprint F 20-29	0:18:34	01:56	1:41:01	01:32	0:11:23	2:14:26
6	229	Claire Ann	Mojica		Sprint F 20-29	0:24:23	05:05	1:31:52	01:51	0:17:13	2:20:23
7	230	Christine	Ngo		Sprint F 20-29	0:24:19	03:12	1:45:17	02:50	0:20:27	2:36:04
	225	Mia	Cariño		Sprint F 20-29						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	439	Ma. Lourdes	Cabero		Sprint F 30-39	0:15:13	01:09	1:11:30	01:08	0:10:39	1:39:38
2	233	Kristinjoi	Comia		Sprint F 30-39	0:17:32	01:33	1:10:33	01:17	0:11:30	1:42:25
3	236	Heather	Shay		Sprint F 30-39	0:17:02	01:30	1:12:49	01:25	0:11:18	1:44:04
4	240	Bebang	Rabena		Sprint F 30-39	0:17:35	01:12	1:16:11	01:04	0:14:24	1:50:27
5	441	Ghia	Nabong		Sprint F 30-39	0:17:22	02:02	1:15:50	01:42	0:14:29	1:51:25
6	239	Katherine	Pangan		Sprint F 30-39	0:18:12	01:14	1:17:37	01:08	0:14:22	1:52:34
7	243	Candice	Janecke		Sprint F 30-39	0:17:02	01:36	1:21:42	01:39	0:12:08	1:54:07
8	407	Janine	Warrick-Coquia	TRI TAFT	Sprint F 30-39	0:18:15	01:34	1:20:52	01:12	0:13:04	1:54:57
9	408	Diana	Zamudio	TRIMAC	Sprint F 30-39	0:21:23	02:34	1:21:24	02:06	0:15:01	2:02:27
10	242	Jaqueline	Canlas		Sprint F 30-39	0:16:52	02:35	1:28:20	01:25	0:15:23	2:04:35
11	232	Baby Zyrel	Cabunyang	FIT.PH	Sprint F 30-39	0:21:29	02:35	1:19:24	02:17	0:19:14	2:04:58
12	13	May Angela	Pelayo		Sprint F 30-39	0:22:20	02:11	1:37:13	01:24	0:15:19	2:18:26
13	237	Maritess	Lo	Tri force	Sprint F 30-39	0:23:09	03:29	1:33:43	02:04	0:16:56	2:19:20
14	234	Jannette	Fernandez	Triduo	Sprint F 30-39	0:20:45	02:59	1:49:10	02:33	0:16:49	2:32:16
	235	Maricar Benting	Hiponia	Team Smart	Sprint F 30-39						DNS
	238	Tammie	Lucas	Shell V-Power	Sprint F 30-39						DNS
	241	Jenna Joyce	Sarmenta		Sprint F 30-39						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	253	Grace	Zamora	Tri Team Riot	Sprint F 40-49	0:14:57	01:09	1:15:28	01:08	0:11:40	1:44:22
2	247	Maria Beatriz	Azcuna	ARMY NAVY SOUTH TRI	Sprint F 40-49	0:17:30	01:36	1:12:43	01:46	0:11:56	1:45:31
3	244	Samantha	Allen	CENTURY TRI HARD	Sprint F 40-49	0:17:31	01:32	1:15:44	01:34	0:12:23	1:48:45
4	248	Irene	Bartolome	Row4	Sprint F 40-49	0:19:04	02:11	1:13:30	02:39	0:14:36	1:51:59
5	438	Essie	Dizon		Sprint F 40-49	0:15:41	02:00	1:25:31	01:14	0:13:10	1:57:36
6	434	Katrina	Cadungog		Sprint F 40-49	0:18:36	01:59	1:26:26	01:42	0:12:07	2:00:50
7	433	Marianne	Rivera		Sprint F 40-49	0:19:51	01:52	1:25:14	01:46	0:13:24	2:02:07
8	252	Rowena Anne	Lindayag	HTI	Sprint F 40-49	0:20:35	02:28	1:24:01	01:56	0:15:20	2:04:20
9	249	Rachelle	Blanch	Mafia	Sprint F 40-49	0:18:38	01:21	1:25:10	01:44	0:17:36	2:04:28
10	409	Emelita	Peralta	E-Racing Multisport	Sprint F 40-49	0:23:15	02:34	1:38:25	02:44	0:18:58	2:25:56
11	250	Aireen R	Damian	TEAM ALJAY	Sprint F 40-49	0:18:06	01:46	1:52:11	02:11	0:14:15	2:28:29
12	245	Roziny	Anies	TEAM ImmunPro	Sprint F 40-49	0:25:24	02:16	1:42:03	02:18	0:20:55	2:32:56
	246	Arlene Miyron	Arejola		Sprint F 40-49						DNS
	251	Kara Patria	David	Alcoplus PTT TriKings	Sprint F 40-49						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	255	Trixie	Halaguena	Team Aviair Aviation	Sprint F 50-above	0:21:19	02:30	1:27:06	02:38	0:16:25	2:09:58
2	256	Antoinette	Rapadas	Trifast & Furious	Sprint F 50-above	0:20:00	03:35	2:03:11	01:56	0:14:43	2:43:24

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	417	Eliz Von	Quintella	DEROSA-CORSA	Sprint M 15-19	0:10:05	00:35	0:50:19	00:42	0:07:35	1:09:16
2	411	Juan Francisco	Baniqued	UNILAB ACTIVE HEALTH	Sprint M 15-19	0:10:40	00:33	0:54:19	00:35	0:07:12	1:13:20
3	412	Caleb	Barlin	DEROSA-CORSA	Sprint M 15-19	0:10:05	00:36	0:54:46	00:40	0:07:23	1:13:31
4	444	Dumalaon	Gabriel	Go for Gold	Sprint M 15-19	0:11:41	00:44	0:53:59	00:48	0:07:52	1:15:04
5	414	Aki	Lorbes	DEROSA-CORSA	Sprint M 15-19	0:11:03	00:38	0:54:56	00:46	0:08:04	1:15:27
6	263	Yoejan	Prudente	OneTwoTri	Sprint M 15-19	0:11:42	00:53	0:55:48	00:52	0:08:18	1:17:33
7	410	Juan Carlos	Baltazar	Team Godspeer Multisports	Sprint M 15-19	0:12:24	00:56	0:56:31	01:01	0:10:21	1:21:14
8	257	Keith	Apostol	Sorrento	Sprint M 15-19	0:13:31	00:49	0:57:21	00:54	0:09:47	1:22:22
9	258	Jacob	Blanch	Mafia	Sprint M 15-19	0:12:20	01:21	0:57:56	01:25	0:10:44	1:23:47
10	413	Gabriel	Esguerra		Sprint M 15-19	0:13:13	01:08	0:59:55	01:16	0:11:01	1:26:34
11	415	Eiron	Maningat	Team Sinarapan	Sprint M 15-19	0:13:30	00:44	1:02:54	00:55	0:10:34	1:28:36
12	264	Darren	Santiago		Sprint M 15-19	0:14:33	01:08	1:04:06	01:16	0:12:36	1:33:40
13	261	Hans Vera	Palad		Sprint M 15-19	0:14:28	02:33	1:07:25	02:02	0:10:56	1:37:23
14	416	Eisen	Pineda		Sprint M 15-19	0:16:37	02:53	1:12:55	01:38	0:13:26	1:47:29
15	259	Ocampo	Frankie	TRI 66	Sprint M 15-19	0:21:37	03:37	1:29:11	03:39	0:20:44	2:18:47
16	260	Iroshi	Santos	Lakeshore	Sprint M 15-19	0:24:27	02:47	1:39:56	04:11	0:16:24	2:27:44
17	262	Matt	Rapadas	Trifast & Furious	Sprint M 15-19	0:20:51	03:11	1:58:49	05:50	0:17:25	2:46:06

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	268	Jan Dennis	Borbolla	TRINICS	Sprint M 20-29	0:13:02	00:44	0:56:11	00:50	0:08:22	1:19:10
2	445	Espinas	Eljay	Go for Gold	Sprint M 20-29	0:14:12	01:31	0:51:39	01:04	0:11:29	1:19:55
3	275	Leo-Jan Chrystan	Garcia		Sprint M 20-29	0:13:27	01:01	0:57:14	00:56	0:08:59	1:21:37
4	277	Kevin Renz	Maristela	FIT.PH	Sprint M 20-29	0:13:08	00:53	0:57:35	00:53	0:09:21	1:21:51
5	272	Adrian	Cruz	TRI CLARK	Sprint M 20-29	0:13:01	00:58	1:01:12	00:55	0:09:47	1:25:54
6	267	Nico	Valdes	trisixfiv	Sprint M 20-29	0:14:03	01:50	1:01:38	01:29	0:11:02	1:30:01
7	419	Anthony	Cu	DEROSA-CORSA	Sprint M 20-29	0:15:31	01:00	1:05:00	01:06	0:10:28	1:33:04

8	420	Gabriel	Gonzalez	Triduo Team	Sprint M 20-29	0:20:16	02:11	1:00:27	01:05	0:10:22	1:34:22
9	266	Ray Eduard	Arcilla	Parokya Ni Madam	Sprint M 20-29	0:15:36	01:11	1:07:13	01:22	0:12:07	1:37:28
10	273	Ranz Christial	Dapal	DPWH	Sprint M 20-29	0:15:44	02:02	1:04:46	01:25	0:14:21	1:38:19
11	274	Eugene Charls	Gamboa	Parokya Ni Madam	Sprint M 20-29	0:15:37	01:26	1:13:35	01:38	0:13:30	1:45:46
12	265	Kevin Shem Isaiah L	Sanchez		Sprint M 20-29	0:18:35	02:37	1:07:44	02:02	0:17:07	1:48:06
13	276	Carlos Iv	Gianan	Team islanders	Sprint M 20-29	0:20:08	01:56	1:16:49	02:18	0:15:48	1:56:59
14	271	Eric	Cristobal	Strive	Sprint M 20-29	0:21:07	02:10	1:22:36	02:55	0:20:50	2:09:38
15	280	Joshua	Pablo		Sprint M 20-29	0:20:41	01:53	1:33:27	02:05	0:17:07	2:15:14
16	284	Isaiah Matthew	Vista		Sprint M 20-29	0:26:09	03:03	1:37:42	01:58	0:19:24	2:28:15
17	283	Ruel	Vasquez		Sprint M 20-29	0:26:18	03:20	2:00:07	01:28	0:22:04	2:53:17
18	281	Ichiro	Santos	Lakeshore	Sprint M 20-29	0:25:51	01:20	2:07:29	01:20	0:21:42	2:57:41
	269	Mio	Carino		Sprint M 20-29						DNS
	270	Jose Paolo	Carlos		Sprint M 20-29						DNS
	278	Melvin	Marcos		Sprint M 20-29						DNS
	279	Jose Enrico	Mendoza		Sprint M 20-29						DNS
	282	Joss Ian	Sobrepeña	Team Heroes	Sprint M 20-29						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	310	Melchor	Ortiguerra	BATAAN TRI	Sprint M 30-39	0:12:17	01:12	0:56:27	00:49	0:09:08	1:19:54
2	320	Miguel	Torres		Sprint M 30-39	0:13:58	00:52	0:56:51	00:49	0:10:12	1:22:42
3	424	Chino	Martinez		Sprint M 30-39	0:14:08	01:02	0:57:28	01:41	0:09:15	1:23:34
4	309	Jerome	Oillet	TRIMAC	Sprint M 30-39	0:12:46	01:11	0:58:50	01:13	0:10:07	1:24:09
5	286	Rolando	Alquero	TRI CLARK	Sprint M 30-39	0:13:48	00:57	0:59:22	00:54	0:09:24	1:24:25
6	296	Raymond	Dalipe	TEAM ISLANDERS	Sprint M 30-39	0:15:09	01:25	0:59:39	01:34	0:11:04	1:28:50
7	288	Jeff	Angulo	Team Trilliling	Sprint M 30-39	0:13:33	01:07	1:03:33	00:56	0:09:55	1:29:04
8	306	Allan Leandro	Merin	TRINICS	Sprint M 30-39	0:13:55	01:14	1:04:44	00:53	0:09:41	1:30:27
9	313	Joelle	Reyes		Sprint M 30-39	0:11:48	02:48	1:06:38	01:38	0:08:14	1:31:06
10	292	Raffy Ian	Pamittan	Endure Multisport	Sprint M 30-39	0:15:18	01:04	1:05:24	01:05	0:10:39	1:33:28
11	289	Michael Jason	Batac		Sprint M 30-39	0:14:07	01:17	1:07:11	01:01	0:11:19	1:34:55
12	285	Julius Ceasar	Adriosula	Bataan Tri	Sprint M 30-39	0:15:22	01:45	1:05:09	01:33	0:11:26	1:35:15
13	291	Brenn	Bavia	UP Mountaineers	Sprint M 30-39	0:15:57	01:03	1:07:15	00:54	0:11:46	1:36:54
14	422	Carlos June	Cortez	TEAM TRYATHLETES	Sprint M 30-39	0:16:27	01:55	1:06:54	01:31	0:12:27	1:39:14
15	290	Ralph Recto	Bautista		Sprint M 30-39	0:14:27	00:58	1:13:12	01:15	0:11:30	1:41:22
16	293	Jac	Choa		Sprint M 30-39	0:15:52	03:09	1:11:48	03:21	0:13:05	1:47:15
17	425	Neil	Ocampo		Sprint M 30-39	0:16:33	02:58	1:15:50	01:34	0:11:37	1:48:33
18	421	Joshua	Coquia	TRI TAFT	Sprint M 30-39	0:18:15	01:35	1:14:09	01:24	0:13:35	1:48:59
19	311	David	Arce		Sprint M 30-39	0:17:18	01:36	1:19:11	01:05	0:12:43	1:51:52
20	300	Joseph Luigi	Hizon		Sprint M 30-39	0:19:40	01:31	1:14:50	01:27	0:16:04	1:53:32
21	315	Aldwin	Nua		Sprint M 30-39	0:16:53	02:25	1:20:16	01:38	0:12:31	1:53:43
22	294	Roberto	Collantes		Sprint M 30-39	0:18:32	01:46	1:19:20	02:20	0:12:24	1:54:22
23	319	Roel	Tolentino	TRINICS	Sprint M 30-39	0:18:21	02:30	1:16:09	02:03	0:16:23	1:55:26
24	312	Allen Louie	Pineda	JOGGERS MULTI SPORTS	Sprint M 30-39	0:20:55	01:35	1:16:14	01:59	0:16:48	1:57:31
25	318	Archie	Tiu		Sprint M 30-39	0:19:28	03:40	1:19:29	02:15	0:14:43	1:59:35
26	57	Luis Gerard Philip	Berba		Sprint M 30-39	0:22:00	02:09	1:22:30	02:25	0:16:48	2:05:51
27	314	Michael	Mangio	Lakeshore	Sprint M 30-39	0:20:18	02:18	1:27:18	02:43	0:17:51	2:10:28
28	287	Nelson	Anduyon	TRI MAGNUM	Sprint M 30-39	0:21:25	04:01	1:25:55	03:58	0:16:50	2:12:09
29	301	Ronnel	Jagunap	ERacing Multisport	Sprint M 30-39	0:21:58	03:31	1:26:57	03:43	0:17:12	2:13:20
30	317	Johnnedel	Soliven		Sprint M 30-39	0:21:18	02:04	1:31:52	01:54	0:18:22	2:15:31
31	436	Ezekiel	De Guzman	KRaNK Cycling	Sprint M 30-39	0:26:34	02:51	1:22:56	03:07	0:21:01	2:16:30
32	303	Albert	Lo	Tri force	Sprint M 30-39	0:23:06	03:33	1:33:35	02:10	0:16:58	2:19:21
33	305	Greg	Mayo	TRINICS	Sprint M 30-39	0:20:21	01:38	1:45:32	01:22	0:17:26	2:26:19
34	299	Rey Anthony	Ginete	Triduo	Sprint M 30-39	0:23:16	02:28	1:43:56	03:04	0:19:43	2:32:26
35	298	Ivan Paolo	Durana		Sprint M 30-39	0:27:27	02:29	1:42:57	01:34	0:18:37	2:33:04
36	68	Albert	Pamonag	FIT.PH	Long M 30-34	0:25:52	03:43	1:45:11	02:18	0:27:15	2:44:19
37	423	Juan Miguel Francisc	Duldulao	KRäNK CYCLING	Sprint M 30-39	0:32:40	03:43	1:51:55	03:32	0:26:12	2:58:02
38	302	Raymond	Lirio	Team Eazy	Sprint M 30-39	0:24:33	08:54	2:07:32	06:45	0:20:10	3:07:54
	297	Alexander	Diaz		Sprint M 30-39	0:27:30	02:30				DNF
	308	Anton	Gutierrez		Sprint M 30-39	0:25:32	02:12				DNF
	295	Recto	Bautista		Sprint M 30-39						DNS
	304	Ronald	Malicdem	FIT.PH	Sprint M 30-39						DNS
	307	Delfin	Muñoz		Sprint M 30-39						DNS
	316	David Clark	Sarmenta		Sprint M 30-39						DNS
	321	Anthony	Valcos	Alcoplus/trikings	Sprint M 30-39						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Run	T1	Bike	T2	Run	Total
1	325	Danny Dexter	Beltran	Filamtri/Com cycling	Sprint M 40-49	0:12:23	01:14	0:53:41	01:01	0:09:10	1:17:29
2	344	Brett	Petrillo		Sprint M 40-49	0:14:11	00:57	0:57:31	00:56	0:09:14	1:22:49
3	426	Arnold	Catudio	#teamporma	Sprint M 40-49	0:13:23	01:07	0:57:31	01:18	0:09:59	1:23:18
4	442	Cadungog	Tj		Sprint M 40-49	0:13:58	01:15	0:59:18	01:10	0:10:04	1:25:45
5	427	Jay	Estira	BAGUIO 2600	Sprint M 40-49	0:13:27	01:03	1:00:05	01:21	0:10:55	1:26:51
6	324	Luisito Paolo	Barba	TRINICS	Sprint M 40-49	0:13:59	01:34	1:03:29	01:23	0:10:35	1:31:00
7	337	Gilchrist	Jayma		Sprint M 40-49	0:13:51	01:16	1:06:06	01:12	0:10:59	1:33:23
8	153	Norman	Arteficio	PAYNET-AMIGO TRI	Sprint M 40-49	0:15:49	01:11	1:03:30	01:43	0:11:49	1:34:02

